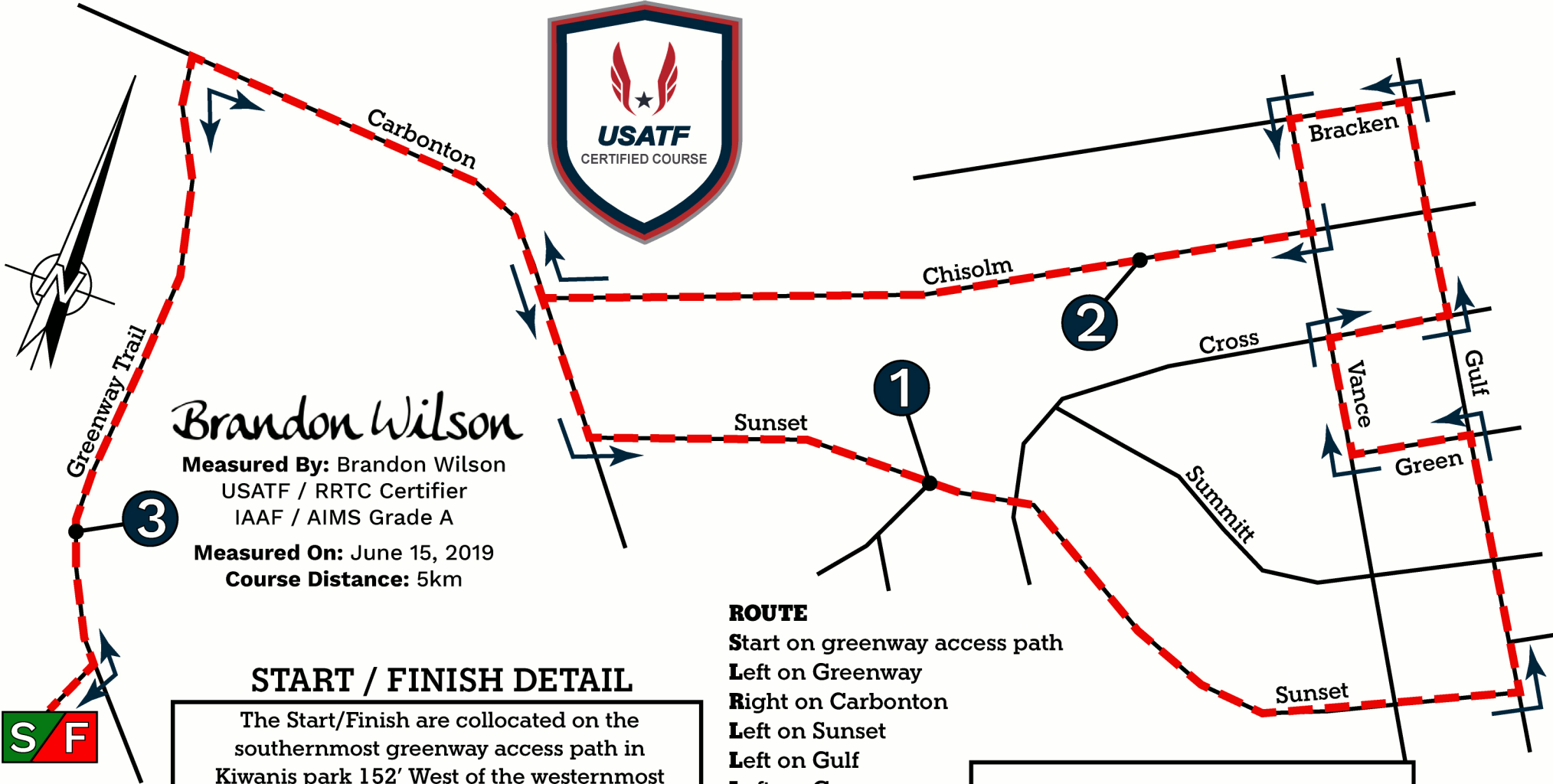


USATF Certificate #NC19013BW
 Effective Jun 20, 2019 to Dec 31, 2029

CARA Run For Their Lives 5k

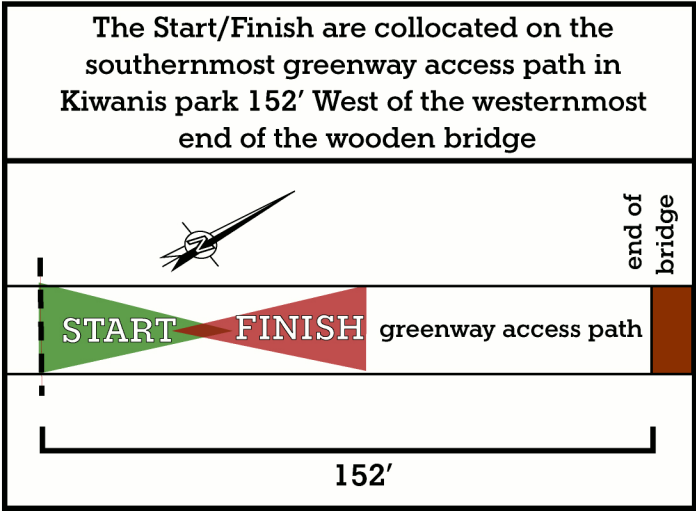
Kiwanis Family Park - 1800 Wicker St
Sanford, NC



Brandon Wilson

Measured By: Brandon Wilson
 USATF / RRTC Certifier
 IAAF / AIMS Grade A
Measured On: June 15, 2019
Course Distance: 5km

START / FINISH DETAIL



ROUTE

- Start on greenway access path
- Left on Greenway
- Right on Carbonton
- Left on Sunset
- Left on Gulf
- Left on Green
- Right on Vance
- Right on Cross
- Left on Gulf
- Left on Bracken
- Left on Vance
- Right on Chisolm
- Right on Carbonton
- Left on Greenway
- Right on greenway access path
- Finish on greenway access path

**Mile splits are for reference only
 and are not certified points**

**Runners have full use of all roads
 and paths without restrictions**

SPLITS

- Mile 1** - On Sunset at Carr
- Mile 2** - At 510 W Chisolm
- Mile 3** - On Greenway at
 GPS 35.47608, -79.19672